## RESOURCES for Social Justice, Animal Rights, Humane Education, & Environmental Education

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<th><strong>Documentaries</strong></th>
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| **Cowspiracy: The Sustainability Secret**  
~ Kip Andersen & Keegan Kuhn  
~ cowspiracy.com | Circles of Compassion: essays connecting issues of justice  
~ edited by Will Tuttle, PhD | **DAIRY IS SCARY!**  
The industry explained in 5 minutes  
~ Erin Janus |
| **Forks Over Knives: The Film**  
~ forksoverknives.com/the-film | World Peace Diet  
~ Will Tuttle, PhD | The Perils of Dairy  
~ John McDougall, MD |
| **Earthlings**  
~ earthlings.com  
~ nationearth.com | The Power and Promise of Humane Education  
~ Zoe Weil | Gary Yourofsky Best Speech Ever  
~ Kip Andersen & Keegan Kuhn |
| **UNITY: HUMAN. ANIMAL. TREE. NOT THE SAME, BUT EQUAL**  
~ narrated by 100 Celebrity Voices  
~ unitythemovement.com | Saving Lives & Changing Hearts and The Hidden World of Animals in Entertainment  
~ Rob Laidlaw | Beyond Carnism and Towards Rational, Authentic Food Choices TedX Munchen  
~ by Melanie Joy |
| **Peaceable Kingdom**  
~ tribeofheart.org  
The Witness: A Tribe of Heart Documentary | Cat Champions and 5 Elephants  
~ Rob Laidlaw | Why Vegan?  
~ by Evolve! |
| **DOMINION**  
~ dominionmovement.com | No Shelter Here and On Parade  
~ Rob Laidlaw | Healing Our World  
~ Dr. Will Tuttle, PhD |
| **Speciesism: The Movie**  
~ specisism.com | Animals in Captivity  
~ Rob Laidlaw | The World Becomes What You Teach  
~ Zoe Weil |
| **Meat Video**  
~ meatvideo.com | When Elephants Weep  
~ J.M. Masson & S. McCarthy | 101 Reasons to go Vegan |
| **What the Health**  
~ Kip Andersen & Keegan Kuhn | The Sustainability Secret: Rethinking Our Diet to Transform the World  
~ Kip Andersen & Keegan Kuhn | Animal Protein—Meat & Dairy—Cause Cancer  
~ T. Colin Campbell, Ph.D |
| **Vegucated: Three People. Six Weeks. One Challenge**  
~ getvegucated.com/the-film/synopsis | ANIMALS AND THE LAW  
~ Lesli Bisgould, Canadian animal rights lawyer  
(on YouTube: It’s time to re-evaluate our relationship with animals) | "Digestion Made Easy: Journey through Your Amazing Digestive System"  
~ Dr. Michael Klaper |
| **The Ghosts in Our Machine**  
~ Jo-Anne McArthur | The Pig Who Sang to the Moon  
~ Jeffrey M. Masson | The Truth About Lucy  
~ Zoocheck Canada |
| **The Cove**  
~ on Amazon or Netflix | UNTIL EVERY ANIMAL IS SET FREE  
~ Saryta Rodriguez | Program for Reversing Diabetes  
~ Dr. Neal Barnard |
| **Blackfish**  
~ Amazon or iTunes | We Animals  
~ Jo-Anne McArthur | Environmental Websites |
| **Born to be Wild**  
~ on Amazon | Vegan is Love: Having Heart and Taking Action  
~ Ruby Roth | thestoryofstuff.org  
~ impacts of consumerism |
| **Animal Odd Couples**  
~ on PBS or Netflix | Slaughterhouse  
~ Gail A. Eisnitz | onegreenplanet.org  
~ green cruelty-free living |
| **Unlocking the Cage**  
~ by the Nonhuman Rights Project (NhRP) | Animal Rights: The Abolitionist Approach  
~ Gary L. Francione | panna.org  
~ pesticides & people/planet |
| **The Elephant in the Room** (Lucy at Valley Zoo)  
~ cbc.ca/fifth | Defeating Diabetes  
~ Brenda Davis, RD and Tom Barnard, MD | whatsonmyfood.org  
~ pesticides on our food |
| **Zoo Revolution**  
~ cbc.ca/doczone | Mercy for Animals: One Man’s Quest to Inspire Compassion and Improve the Lives of Farm Animals  
~ Nathan Runkle | canadians.org  
~ Get active—advocate for social & environmental justice! |
| **An Apology to Elephants**  
~ hbowatch.com | Incredibly Delicious Recipes for a New Paradigm  
~ Gentle World Publishing | seashepherd.org  
~ saving world oceans’ wildlife |
| **Love And Bananas**  
~ elephants.com | How Not to Die  
~ Dr. Michael Greger M.D. FACLM | davidsuzuki.org  
~ conserving our environment |
| **Eating You Alive**  
~ eatingyoualive.com | Farm to Fable: The Fictions of our Animal Consuming Culture  
~ Robert Grillo | sharkwater.com  
~ shark extinction; conservation |

**Publications:**
- Report Summary, The EAT-Lancet Commission on Food, Planet, Health  
  https://eatforum.org/eat-lancet-commission/
- Health Canada’s new Canada Food Guide 2019  
  https://food-guide.canada.ca/
We patronize the animals for their incompleteness, for their tragic fate of having taken form so far below ourselves. And there we err, and greatly err. For the animals shall not be measured by man. In a world older and more complete than ours, they move finished and complete, gifted with extensions of the senses we have lost or never attained, living by voices we shall never hear. They are not brethren; they are not underlings. They are other nations, caught with ourselves in the net of life and time, fellow prisoners of the splendor and travail of the earth.

~ Henry Beston (1888-1968), writer and naturalist