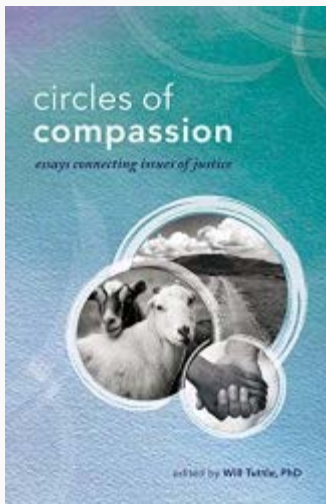




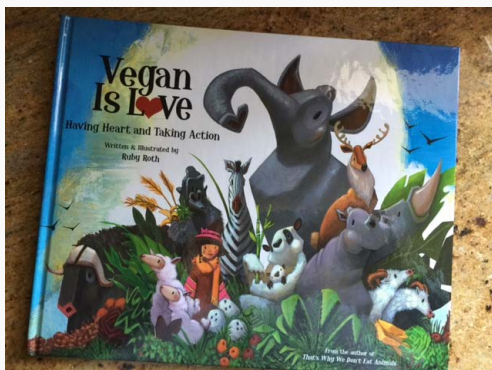
At this time of the year when our thoughts turn to helping others, we would like to thank everyone who has joined us in the good fight for justice for animals. Without your support we would not be able to continue our work to stop the cruelty and exploitation of our fellow earthlings.

If you are looking to give books for Christmas this year, Voice for Animals has some great recommendations. We have these books on hand if you would like one for that special person. Please email us at info@v4a.org and we'll get one to you promptly.



This book consists of a series of essays by internationally recognized authors and activists, Edited by Dr. Will Tuttle. The essays focus on how the seemingly disparate issues of human, animal, and environmental rights are indeed connected. Authors also provide practical guidance about how to make the individual, systems, and social changes necessary to effectively create a peaceful and just world for all.

\$15.00 CAD



Vegan Is Love

Ruby Roth introduces young readers to veganism as a lifestyle of compassion and action. Broadening the scope of her popular first book *That's Why We Don't Eat Animals*, Roth illustrates what children can do today to protect animals, the environment and people across the world. From the food we eat to the clothing we buy, to the use of animals in entertainment, Roth explores the many opportunities we have to act with kindness. With her special brand of gentle

candor, Roth treats a controversial subject with care and sensitivity, bringing into sharp focus what it means to “put our love into action”. The message transcends mere food philosophy to encompass the personal agency of people – big and small - in creating a more sustainable and compassionate world.
\$21.00 CAD

The HELP YOURSELF Cookbook for Kids

Here is a sample of the contents:

- Introduction: A note from the Author
 - Meet Some Ingredients
 - Kitchen Safety
 - “Mine” – A letter to Grown-ups
 - Drinks
 - Condiments, Sauces and Dips
 - Smaller Meals
 - Bigger Meals
 - Salads and Dressings
 - Desserts
 - What Else Can We Do?
 - Shopping List
 - Resources
- \$ 24.00 CAD



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